

# CYSTIC FIBROSIS

## *Cystic Fibrosis Impacts People of Every Race and Ethnicity*

**What is cystic fibrosis?** Cystic fibrosis (CF) is a disease some people are born with. CF impacts people of all races and ethnicities.

Symptoms can be different from person to person, but the primary symptoms include:

- *salty tasting skin*
- *constant cough*
- *frequent lung infections*
- *frequent sinus infections and/or nasal polyps*
- *poor growth and/or difficulty gaining weight*
- *frequent bowel movements with greasy or bulky stools*
- *wheezing or shortness of breath*
- *an intestinal blockage at birth (called meconium ileus)*
- *male infertility*

Early diagnosis is very important. Even though newborn babies are screened for cystic fibrosis, these tests often miss CF in babies of color. If you believe your child or you have symptoms of CF, ask for testing. With a proper diagnosis you or your child will receive proper care that will improve your life.

For more information, please visit: [www.cfri.org](http://www.cfri.org) or email [cfri@cfri.org](mailto:cfri@cfri.org).

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**CFRI** Cystic Fibrosis  
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